DPT PRIMER

by Toad

N,N-dipropyltryptamine (DPT), the lesser-known cousin of DMT, has recently become more widely available among select entheogenic circles, thus fostering a new wave of interest and research. Although mentioned in many standard texts such as Psychedelics Encyclopedia, Pharmacotheon, and TIHKAL, this obscure entheogen has yet to really see the light in the psychedelic world of today. [While it is true that DPT has never been terribly common on the underground market, it has been used as a sacrament by the Temple of the True Inner Light in New York City for nearly 20 years. — David]

The power and force of this entheogen is comparable to DMT and 5-MeO-DMT, which is to say that you are in the major leagues of self-dissolution. DPT needs to be approached with respect and caution. From all accounts, the imagery, coloration, feeling, tone, and overall style of DPT is quite unique and very different from the more widely-known tryptamine cousins.

In the course of watching a fairly wide spectrum of people experiment with DPT, some important aspects of the drug have become evident. The dosage curve, physical effects, and psychological response are all highly variable. Some people have been completely overwhelmed with as little as 50 mg insufflated, while others required 200 mg to really get where they wanted to go. Many people reported being uncomfortable with the physical "body load" that manifests as a very specific body vibration. (It could be described as the classic kundalini archetype.) People who are more sensitive to the drug typically manifest more of the tremor effect. I have personally witnessed a hardcore freak-out from 60 mg (insufflated), and I feel obligated to strongly warn people about the serious nature of this drug. DPT is not for everybody, and certainly not for those just looking for a "recreational" high. Taking an approach where one starts with a very low dose at first, and then "boosting" up as desired seems prudent. It is essential to have a sitter present during your initial explorations of DPT; please be conscious in this regard.

Time course and effects vary based on the route of administration. Smoking small amounts of the free-base (20 mg) over the course of five minutes is recommended for initial exploration. Smoking provides the fastest onset with almost im-

mediate entry and a relatively short duration (20 minutes). This is by far the best way to learn the effects of DPT. Insufflation of the hydrochloride salt also works very well, but there is a much higher level of commitment involved, what with a two hour duration. There are also distinct differences in the effects of each route of administration. Among those we know who have experimented extensively with this substance, the preferred route of administration is via intramuscular injection of the hydrochloride salt. Most DPT we've seen available has been in the hydrochloride salt form, which is not very efficient for smoking. Conversion to the free-base can be done using standard kitchen chemistry basification methods. (See http://www.erowid.org/entheogens/dpt/ dpt_primer.shtml for one process.) Although TIHKAL notes that DPT is orally active, we found this route to be unpredictable, less desirable in effect, and a waste of material.

Ketamine taken at the same time as DPT seems to provide just the right "lubrication" for the body to handle the high-voltage vibrations associated with DPT. All experimenters thus far have reported profound experiences with this combination, the sum being much greater than either of the parts. After experiencing it myself, I have to agree that this combination is *the* way to go.

DOSING STRATEGIES

SMOKED: The free-base is a little harder to nail down the exact dosage level, but 20–100 mg seems to be the range needed for a full experience, with the top end manifesting as a total dissolution similar to 5-MeO-DMT. Our initial experiments suggest that even less that 50 mg will provide significant access into the space. It would be wise to nibble slowly at it first to get the general feel before diving in with multiple huge hits. The effects begin almost immediately (within 2–5 minutes) and maintain peak for approximately 20 minutes followed with a steep decline and slight residual. We noticed that two relatively small hits were all that was necessary to access the DPT space adequately for the first time.

Insufflation: Start with 25 mg regardless of your body size and level of experience with other entheogens. Wait 15–30

minutes for it to come on and settle in. If you desire more, boost it up *once* with another 25 mg. If you don't get there on your first go, then so be it. Be patient, get a feel for the physical vibrational effects, and find out if this drug is for you before you jump in. The effects begin within 15–30 minutes, peak in about an hour, and then gradually trail down for another 3 hours.

Intramuscular Injection: If you have no prior experience with DPT then I would recommend starting with a very low dose of 15–20 mg. For those who are experienced with the other routes of administration, I would suggest starting at 30 mg and working your way up from there in several sessions as necessary. Stanislov Grof reported a maximum dose level of 160 mg in his studies with DPT, but I have heard from one intrepid friend that he passed out at 130 mg. All indications point to the use of *extreme* caution when using this route of administration. The effects begin within five minutes and very quickly progress to a solid peak plateau that lasts for over an hour followed with a trail-down for another two hours.

PREPARATION: SET & SETTING

The nature of the DPT experience lends itself to a more private and internalized focus. It is best to create a space where one can comfortably lay down or sit relaxed. You will find yourself drawn to close your eyes and explore the inner world of DPT. By creating an environment with minimal distractions you will greatly add to the quality of the experience. You may also want to listen to some good meditative music, as it can add dramatically to the potential and possibility of the experience. DPT does absolutely wonderful things with sound, and very intricate states of awareness can be created and driven using musical influences. The visionary intensity and nature of this material lends itself to working solo or in very small experienced groups. As with any psychedelic journey, preparing oneself physically and mentally is a must. The usual pre-trip diet guidelines and mental preparation should be applied.

TRIP REPORT

Juan and I traveled across town to our friend's apartment where we were meeting a group of five other people. After talking for a period of time, the first person started off with 100 mg intramuscularly. Alert at about 3–5 minutes and fully out there at about 20 minutes. Juan then went next at 50 mg, followed by Hurley at 100 mg, then the two girls at 75 mg. One participant had been taking several psychotropic medications regularly and he elected to smoke it, at the 50 mg level first, and then at the 100 mg level. After everyone had their dose, and I was comfortable that no "major" reactions were occurring, I went ahead with 100 mg myself.

About 20–30 minutes into it, Hurley became somewhat disoriented, jumped up and said he needed a hug. He then wandered around and seemed to get more and more disoriented, as did his significant other. At about 45 minutes into it he began vomiting profusely and kept saying, "Something's wrong... I want a doctor." He seemed quite dissociated, and his significant other seemed to be having a difficult experience also. She became somewhat rigid, reminding me of a tardive dyskinesia-like reaction. She too seemed almost totally dissociated.

I found my voyage to be one of the best tryptamine experiences I have ever had. I've had extensive experiences with mushrooms (probably 75–100), as well as significant experience smoking DMT, 5-MeO-DMT, and combinations of the two, and ayahuasca. This material definitely has the "tryptamine signature." The difference for me was the total non-threatening nature of the experience. I've gotten into spaces with the other tryptamines that have been some somewhat "scary" at times, particularly at the higher doses (7–10 grams of mushrooms). What usually happens is what I call "the confrontation with the self."

I seemed to be able to transcend this area with DPT. Many times with the other tryptamines I get stuck in what Grof would call the psychodynamic/biographical phase of the experience. It seemed that I leap-frogged over this stage and went directly into the transpersonal realm, and for lack of a better way to describe it I'd have to call it "bliss." This lasted for an unknown period of time and was interrupted by my feeling a need to come to the aid of the participants having a difficult time. I personally found no difficulty pulling myself together to assist with others, although it definitely had a grounding impact on my experience.

The person doing the smoking (hydrochloride salt form) of the material noted effects at both the 50 and 100 mg level, although much shorter lived (maybe 30–45 minutes) and less intense.

At the two-hour point, once I assured myself that things were probably going to be okay, I decided to further my knowledge of this compound and took another 60 mg i.m. I found it had minimal effect, other than possibly extending the trailing off period. Seems that tolerance had developed rapidly. Further experiments for me will revolve around a higher dose (I think I could easily handle 150 mg i.m.) as well as doing boosters earlier in the experience, prior to the two-hour point. (I'm thinking of boosting at the 30 minute and onehour point to see if it simply extends the experience or puts one further out.)

At the four-hour point everyone was back to baseline, or close thereabouts. All effects seemed to have worn off. Juan and I were easily able to travel back to his apartment where sleep came easily. I have had no problems with the injection site. It was slightly "uncomfortable" the following day. I had no reports of problems from the others in this regard.

Overall, for me it was fantastic. I'm not certain that others in the group feel the same way, but JUAN and I talked extensively about our experiences and he had what he considers to be a "peak experience" at the 50 mg level. I would describe JUAN as usually quite a "hard head" in terms of dosages, so his experience at 50 mg is interesting. He and I are both anxious to further experiment with this most interesting compound. It is somewhat "disorienting," which for some in the group was disconcerting. If one isn't grounded well psychically, I would be careful in experimenting with DPT, especially at higher levels. — DEADCANDANCE

ADDITIONAL COMMENTARIES

A large-size male ingested 250 mg orally on an empty stomach. Effects came on hard and fast. The first 30 minutes of the peak was extremely rough, very intense, and he thought he was going to die. His body looked flushed, and his breathing pattern was forced and very similar to what I have seen with 5-MeO-DMT. Once past the peak he settled down and very much enjoyed the state. He commented that it had a definite empathogenic signature to it during the latter stages of the trip, and that he was receiving lots of information regarding current issues in this life. He said he would not want to repeat this level again, but is interested in exploring the compound again at a less intense level and a different route.

A medium-sized male ingested 250 mg orally on an empty stomach. Effects were barely perceivable and quite a disappointment. After three and a half hours he decided to insufflate 200 mg to attain the full effect. This worked very well, and he found it to be a most unique space unlike any other entheogen he has ever experienced. He described amazing closed-eye visuals and musical enhancement as the most notable unique signatures of the material. The space was entirely comfortable for him, and he said that in the future he would like to try it at a higher level.

A medium-sized male ingested 250 mg orally on an empty stomach and found it to be almost entirely without effect. After three and a half hours he decided to insufflate 200 mg and found the effects to be very powerful and unique. He was impressed with the overall nature of the material and said it was definitely a bit on the "pushy" side. He commented that he was looking forward to exploring it again at a slightly lower level, perhaps 150 mg.

A medium-sized female smoked 100 mg of the hydrochloride salt with a slight effect. (We have since confirmed with additional experimentation that the hydrochloride salt does not work very well for smoking.) She then insufflated 200 mgs and was quickly catapulted into a heavy duty freak-out.

Two medium-sized females and one large-size male smoked a bowl containing an estimated 100 mg of free-base. Each person took a small hit from the bong and passed it along. On the second hit they reported instant access into the space and remained there for 20 minutes. They commented on how non-confrontational and nice it was compared to DMT. "Like DMT space without all those pesky entities poking at you," one said. They all liked the fact that the window of smoked DPT was open for a much longer duration than with smoked DMT. The smoking process was easier and much more relaxed, as it's not so essential to get in large amounts of vapor within the shortest possible time frame, as it is with DMT.

One large male insufflated 60 mg. He was very experienced with LSD, smoked DMT, mushrooms, and the like. He puked during the onset (he had not eaten all day), and was in a state of complete terror for the next two hours. Fortunately his wife was present, and she provided excellent grounding assistance with her motherly influence. He has since quit the use of all drugs.