

Review

Addictive potential of cannabinoids: the underlying neurobiology

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Received 13 September 2002; accepted 17 September 2002

Abstract

Drugs that are addictive in humans have a number of commonalities in animal model systems—(1) they enhance electrical brain-stimulation reward in the core meso-accumbens reward circuitry of the brain, a circuit encompassing that portion of the medial forebrain bundle (MFB) which links the ventral tegmental area (VTA) of the mesencephalic midbrain with the nucleus accumbens (Acb) of the ventral limbic forebrain; (2) they enhance neural firing of a core dopamine (DA) component of this meso-accumbens reward circuit; (3) they enhance DA tone in this reward-relevant meso-accumbens DA circuit, with resultant enhancement of extracellular Acb DA; (4) they produce conditioned place preference (CPP), a behavioral model of incentive motivation; (5) they are self-administered; and (6) they trigger reinstatement of drug-seeking behavior in animals behaviorally extinguished from intravenous drug self-administration behavior and, perforce, pharmacologically detoxified from their self-administered drug. Cannabinoids were long considered ‘anomalous’, in that they were believed to not interact with these brain reward processes or support drug-seeking and drug-taking behavior in these animal model systems. However, it is now clear—from the published data of several research groups over the last 15 years—that this view of cannabinoid action on brain reward processes and reward-related behaviors is untenable. This paper reviews those data, and concludes that cannabinoids act on brain reward processes and reward-related behaviors in strikingly similar fashion to other addictive drugs.

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Keywords: Addiction; Brain stimulation reward; Cannabis; Cannabinoids; Conditioned place preference; Dopamine; Limbic; Marijuana; Medial forebrain bundle; Meso-accumbens; Mesolimbic; Microdialysis; Nucleus accumbens; Reinforcement; Reinstatement; Relapse; Reward; Self-administration; Self-stimulation; Ventral tegmental area

Abbreviations: Acb, nucleus accumbens; BLA, basolateral amygdala; BNST, bed nucleus of stria terminalis; BSR, brain stimulation reward; CeA, central nucleus of the amygdala; CPA, conditioned place aversion; CPP, conditioned place preference; CRF, corticotropin-releasing factor; DA, dopamine; GABA, γ -aminobutyric acid; MFB, medial forebrain bundle; MPFC, medial prefrontal cortex; 3-MT, 3-methoxytyramine; PR, progressive-ratio; THC, Δ^9 -tetrahydrocannabinol; VP, ventral pallidum; VTA, ventral tegmental area.

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1. Introduction

The reward circuitry of the mammalian brain consists of synaptically interconnected neurons which link the ventral tegmental area (VTA), nucleus accumbens (Acb), ventral pallidum (VP), and medial prefrontal cortex (MPFC). Laboratory animals avidly self-administer mild electrical stimulation to these loci, and to the medial forebrain bundle (MFB) which interconnects the VTA, Acb, and MPFC. Mild electrical stimulation of this circuit is intensely pleasurable in humans. This circuit is strongly implicated in the neural processes underlying drug addiction, and inhibition of this circuit is implicated in such phenomena as withdrawal dysphoria and dysphoria-mediated drug craving. These brain processes are believed to have evolved to subserve biologically essential natural rewards, such as the seeking and consumption of food and water, the seeking of and mating with sexual partners, and the performance of parenting behaviors. These brain processes are also believed to subserve drug-seeking and drug-taking behaviors supported by addictive drugs. Cannabinoids are euphorogenic in humans and have addictive liability, but were long considered to be devoid of pharmacological action on these brain reward processes or on drug-seeking and drug-taking behaviors. Work with cannabinoids over the last 15 years, however, makes it clear that they interact with these brain processes and influence drug-seeking and drug-taking behaviors in a manner strikingly similar to that of other addictive drugs.

2. Brain reward processes

2.1. *Neuroanatomy, neurophysiology, and neurochemistry of brain reward*

The neuroanatomy, neurophysiology, and neurochemistry of brain reward processes is known to involve a series of neural links associated with the MFB and located in the ventral limbic midbrain/forebrain (Gardner, 1997). Neuroanatomically, this system appears to consist of ‘first-stage’, ‘second-stage’, and ‘third-stage’ reward-related

neurons ‘in series’ with one another (Wise and Bozarth, 1984; Gardner, 1997). From anatomical tracing studies and electrophysiological studies which allow inference regarding direction of neuronal conduction (Gallistel et al., 1981), it is known that the ‘first-stage’ neurons originate from a disparate group of ventral limbic forebrain loci termed by some neuroanatomists ‘the anterior bed nuclei of the MFB’ (horizontal limb of the diagonal band of Broca, olfactory tubercle, magnocellular preoptic nucleus, lateral preoptic area, interstitial nucleus of the stria medullaris, VP, substantia innominata, and anterior lateral hypothalamus). These ‘first-stage’ neurons are myelinated and moderately fast-conducting, and they project posteriorly through the MFB to synapse on VTA DA cells. The ‘second-stage’ DA neurons project anteriorly within the MFB to synapse in the Acb. Only a small subset of these DA neurons appear specialized for carrying reward-relevant information (Gardner, 1997). From Acb, ‘third-stage’ enkephalinergic neurons carry the reward signal to VP. This ‘third-stage’ pathway appears critical for expression of reward-related and incentive-related behaviors (Bardo, 1998; Napier and Mitrovic, 1999; McBride et al., 1999). The VTA, Acb, and VP are mutually interconnected by reciprocal anatomic pathways which appear to regulate reward functions and reward-driven behaviors. A portion of the ‘third-stage’ pathway consists of enkephalinergic Acb projection neurons which co-localize γ -aminobutyric acid (GABA) as a co-transmitter. Whether as a co-transmitter or as a solitary neurotransmitter, the GABA of the medium spiny Acb output neurons appears to play an important role in brain reward functions (Carlezon and Wise, 1996). Additional neural elements synapse onto the ‘first-stage’, ‘second-stage’, or ‘third-stage’ components of this brain reward system, presumably to regulate hedonic tone and other reward-related processes. These regulatory inputs include opioid peptidergic, serotonergic, GABAergic, and glutamatergic neural elements (Gardner, 1997). Recently, the GABAergic and glutamatergic neural inputs into this core reward system have come to be recognized as critically important in the regulation of reward processes and reward-driven behaviors

(Gardner, 2000; Vorel et al., 2001). From studies in which single-neuron electrophysiological recordings have been coupled with reward-related behavioral contingencies, it appears that the neurons in the core reward system are functionally heterogeneous. Some neurons seem to encode reward itself while others seem to encode reward expectancy, disconfirmation of reward expectancy, prioritized reward, and other more complex aspects of reward-driven learning and reward-related incentive motivation (Gardner and Lowinson, 1993; Di Chiara, 1995; Schultz et al., 1997; Wickelgren, 1997; Berridge and Robinson, 1998; Everitt et al., 1999; Redgrave et al., 1999; Woodward et al., 1999). There also appears to be significant functional plasticity within these systems with respect to neural tasking and reward processing (Schultz et al., 1997; Woodward et al., 1999). Even with such functional heterogeneity and plasticity, one of the primary functions of these reward processes is to compute hedonic tone and neural ‘payoffs’ (Kornetsky and Bain, 1992; Kornetsky and Duvauchelle, 1994; Shizgal, 1997; Peoples et al., 1999). As noted above, these brain processes presumably evolved to subserve natural, biologically significant rewards (Goldstein, 2001).

2.2. Addictive drug action on brain reward processes

Addictive drugs activate the above-referenced brain reward processes. Such drugs appear to activate the ‘second-stage’ DA neurons of the VTA–Acb axis, thus, producing the pleasurable/euphoric effects that constitute the ‘high’, ‘rush’, or ‘blast’ (Simon and Burns, 1997) sought by drug addicts. For some addictive drugs (e.g. amphetamines, cocaine), the action on the VTA–Acb DA neurons appears to be direct. For other addictive drugs (e.g. opiates), the action on the VTA–Acb DA neurons appears to be indirect or even transsynaptic (Gardner, 1997). The DA component appears to be a crucial common substrate upon which addictive drugs (regardless of chemical structure or pharmacological category) act to enhance brain reward processes—and, thus, to enhance both the subjective experience of reward and reward-related behaviors. Drug reward by

itself and drug potentiation of electrical brain stimulation reward (BSR) appear to have common actions within these reward substrates (Wise, 1996). BSR and the pharmacological reward produced by addictive drugs are both more powerful and immediate than the reward produced by natural, biologically essential reinforcers (Goldstein, 2001). Addictive drugs appear to gain their habit-forming power by ‘hijacking’ the reward substrates that originally evolved to subserve natural rewards and activating them more powerfully than natural rewards (Goldstein, 2001).

2.3. Brain reward dysregulation as a cause of addiction

That addictive drugs activate brain reward processes seems clear (Gardner, 1997), as does the inference that this activation produces the subjective ‘high’ or ‘rush’ or ‘blast’ that drug users seek (Simon and Burns, 1997). What is not clear is why some people can use addictive drugs on an occasional recreational basis, while other users deteriorate into a self-destructive, obsessional, compulsive, and addictive pattern of use. Genetic factors are believed to play an important role (Uhl et al., 1993). At the animal level, genetic factors are clearly involved in proclivity to self-administer addictive drugs, and in the ease with which initially neutral environmental cues can acquire positive incentive salience as a result of being paired with addictive drugs (George and Goldberg, 1989; Suzuki et al., 1989; Guitart et al., 1992; Kosten et al., 1997). At the cellular and molecular level, genetic vulnerability to addictive drugs correlates with decreased neurofilamentary transport for tyrosine hydroxylase (the rate-limiting intraneuronal DA synthetic enzyme) in VTA–Acb DA reward-related neurons (Nestler, 1993; Self and Nestler, 1995). This produces a DA deficiency in these VTA–Acb brain reward neurons which is hypothesized to underlie vulnerability to addictive drug action (Blum et al., 1996a; Gardner, 1999). Another type of DA dysfunction in the VTA–Acb brain reward axis which has been hypothesized to underlie vulnerability to addictive drugs centers on a deficiency in DA D2 receptors. Blum and colleagues have long hypothesized that a deficit

in normal DA D2 receptor function in meso-accumbens brain reward loci may confer vulnerability to drug addiction (e.g. Blum et al., 1996b). Recently, this hypothesis has been supported by human neuroimaging findings of lower DA D2 receptor levels in brain reward loci of drug addicts (Volkow et al., 1996, 1997, 2001), by findings that low levels of DA D2 receptors in human brain reward loci predict reinforcing versus non-reinforcing subjective responses to psychostimulants (Volkow et al., 1999), and by animal studies in which overexpression of DA D2 receptors decreases self-administration of addictive drugs (e.g. Thanos et al., 2001). A more complex explanatory scheme of the cellular neurobiological processes underlying both initial vulnerability and relapse to drug addiction, involving a cascade of homeostatic dysregulations within both the brain's VTA–Acb reward processes and in circuits interconnecting with these reward processes, has also been advanced (Koob and Le Moal, 1997; Koob, 1999). In this view, increased vulnerability to drug abuse conferred by genetic factors, drug use, or withdrawal dysphoria is conceived to involve decreased VTA–Acb reward function coupled with increases in the brain-stress neurotransmitter corticotropin-releasing factor (CRF) in the central nucleus of the amygdala (CeA). In this view, it is the combination of decreased positive drug-induced reward, increased opponent neural processes within reward loci, and recruitment of brain-stress neural systems within the extended amygdala which provides the allostatic change in overall hedonic set point that leads to the compulsive drug-seeking and drug-taking that characterizes drug abuse (Koob et al., 1993; Koob and Le Moal, 1997; Koob, 1999).

3. Reward-related behaviors

3.1. Modeling addiction with animal behavioral models

A number of salient features of addictive behavior at the human level have been successfully modeled at the animal level, with seemingly good face validity and predictive validity to the human situation (Gardner, 2000; Wise and Gardner,

2002a). These models include conditioned place preference (CPP), drug self-administration, and reinstatement.

3.1.1. Conditioned place preference

The CPP paradigm is used to study drug-seeking behavior, and to infer the incentive motivational value and strength of addictive drugs (Mucha et al., 1982; Schechter and Calcagnetti, 1993; Tzschentke, 1998). Basically, this procedure reflects the ability of neutral environmental cues or contexts to acquire incentive salience (Bindra, 1968; Robinson and Berridge, 1993) by repeated pairing with addictive drugs. During training, animals are given drug injections and then confined to one part of the test apparatus (containing distinct visual, tactile, and/or olfactory cues) on some days and given vehicle injections then confined to another part of the test apparatus (containing distinctively different visual, tactile, and/or olfactory cues) on other days. On test days the animals are given free choice between the two regions of the test apparatus and the time spent in each region is measured. Drug-induced reward is inferred from an increase in the time spent in the drug-associated portion of the environment.

3.1.2. Drug self-administration

The drug self-administration paradigm is used to study drug-taking behavior, and offers the most obvious animal model of addiction. Laboratory animals will self-administer several classes of addictive drugs by the oral, intragastric, intraperitoneal, intravenous, or even intracranial routes and will do so in the absence of physical dependence (Bozarth and Wise, 1984; Gardner, 1997, 2000). In the strongest version of the model, the animal is required to work for access to the drug and not merely to ingest it. While this model is most often used with fixed-ratio reinforcement contingencies (e.g. one intravenous injection of drug given for one unit of work performed by the animal), an interesting variant is one in which progressive-ratio (PR) reinforcement is used (Richardson and Roberts, 1996). In PR drug self-administration, a progressively-increasing workload is imposed on the animal in order to receive a drug injection. For example, the work-load may

literally increase in ratio fashion: one lever-press required for the first injection, two for the second injection, four for the third, eight for the fourth, etc. Although typically the work-load is not increased so steeply, in every PR drug self-administration test session a point is reached at which the animal's responding falls below some criterion level (often, an abrupt cessation of responding)—the so-called PR 'break-point'. This 'break-point' is taken as a measure of the drug's rewarding efficacy. Compellingly, PR 'break-point' estimates of the rewarding efficacies of addictive drugs in animals closely parallel verbal rank orderings of appetitiveness of addictive drugs given by experienced poly-drug abusing humans (Gardner, 2000). This adds credence to the contention that the self-administration paradigm is a valid animal model of human drug addiction.

3.1.3. Reinstatement

The 'reinstatement' variant of the drug self-administration paradigm is used to study relapse to drug-seeking and drug-taking behavior. In this paradigm the animal is trained to self-administer a drug, usually intravenously, to a satisfactorily stable level of drug-taking. The animal is then subjected to behavioral extinction of the drug-taking habit. That is, the animal is tested under conditions of non-reinforcement until the drug-taking habit disappears (to an operationally defined criterion). When the animal reaches the defined criterion of non-drug-seeking, various external stimuli are used to provoke relapse to the drug-seeking behavior. A stimulus is said to 'reinstate' the drug-seeking habit if it causes renewed responding despite the absence of any further response-contingent drug reward. Three types of external stimuli have been found to provoke relapse in this model—a single non-contingent 'priming' administration of drug (de Wit and Stewart, 1981, 1983; Stewart and de Wit, 1987), stress (Shaham and Stewart, 1995; Erb et al., 1996; Shaham et al., 1996), or environmental stimuli previously associated with the drug-taking habit (Meil and See, 1996; McFarland and Ettenberg, 1997; Katner et al., 1999). These are the same stimuli that provoke relapse to drug-taking at the human level (Gardner, 2000). The Acb and DA

appear to be essential substrates for drug-triggered relapse in the reinstatement paradigm (Grimm and See, 2000; Shalev et al., 2002). The basolateral amygdala (BLA) and the neurotransmitter glutamate appear to be essential substrates for cue-triggered relapse in the reinstatement paradigm (Grimm and See, 2000; Hayes et al., 2002). The CeA, bed nucleus of stria terminalis (BNST), lateral tegmental noradrenergic projection system, and the CRF projection pathway from the CeA to the BNST appear to be essential substrates for stress-triggered relapse in the reinstatement paradigm (Shalev et al., 2002). Especially compelling is the fact that cross-priming (from one class of addictive drug to another) is seen in this model. Thus, priming doses of opiates trigger relapse to cocaine self-administration behavior (Stewart, 1984) and priming doses of amphetamine or the DA agonist bromocriptine trigger relapse to opiate self-administration behavior (Stewart and Vezina, 1988; Wise et al., 1990). Very importantly, only drugs which support drug-seeking and drug-taking behaviors can 'prime' or trigger relapse in the reinstatement paradigm. The drugs and doses which trigger relapse to drug-seeking and drug-taking in both humans and animals are drugs and doses which increase DA function within the mesoaccumbens DA reward system (Stewart and Vezina, 1988; Wise et al., 1990).

3.2. Addictive drug action on reward-related behaviors

Addictive drugs constitute a remarkably small fraction of the total number of known chemicals. Only a few score are addictive at the human level or capable of supporting drug-seeking and drug-taking at the laboratory animal level (Griffiths et al., 1978; Brady and Lucas, 1984; Yokel, 1987). Since addictive drugs as a class have neither chemical commonality nor classical pharmacological commonality, the following questions arise: (a) what do addictive drugs have in common?, and (b) what distinguishes them from the millions of other drugs lacking addictive liability? The answers at the animal behavioral level are three-fold: (a) with few exceptions, addictive drugs support CPP (Mucha et al., 1982; Schechter and Calcag-

netti, 1993; Tzschentke, 1998; Wise and Gardner, 2002a); (b) almost without exception, drugs that are addictive at the human level support voluntary self-administration by laboratory animals, and the same drugs that are eschewed by humans are eschewed by laboratory animals (Griffiths et al., 1978; Brady and Lucas, 1984; Amit et al., 1987; Brady et al., 1987; Meisch and Carroll, 1987; Weeks and Collins, 1987; Yanagita, 1987; Yokel, 1987; Gardner 1997, 2000; Wise and Gardner, 2002a) and (c) to the extent that they have been studied in the reinstatement paradigm, addictive drugs ‘prime’ or trigger relapse to drug-seeking behavior (de Wit and Stewart, 1981, 1983; Stewart, 1984; Stewart and de Wit, 1987; Stewart and Vezina, 1988; Wise et al., 1990; Shaham et al., 1996; Gardner, 2000; Shalev et al., 2002; Wise and Gardner, 2002a).

4. Cannabinoid effects on brain reward processes

Although cannabinoids have clear addictive potential at the human level (Kozel and Adams, 1986; Kleber, 1988; Goldstein and Kalant, 1990; Anthony et al., 1994; Hall et al., 1994; MacCoun and Reuter, 1997; Crowley et al., 1998), they have been labeled by some (e.g. Felder and Glass, 1998) as ‘anomalous’, i.e. having no action on brain reward processes. Simply stated, this is an untenable position. Over the last 15 years, a large body of research has made it clear that marijuana and other cannabinoids act on the above-outlined brain reward processes in strikingly similar fashion to non-cannabinoid addictive drugs.

4.1. *Cannabinoid effects on electrical BSR*

Δ^9 -Tetrahydrocannabinol (THC), the psychoactive and addictive constituent of marijuana and hashish, enhances electrical BSR (i.e. lowers brain-reward thresholds) in the VTA–Acb reward axis in laboratory animals (see Fig. 1; Gardner et al., 1988a; Gardner and Lowinson, 1991; Gardner, 1992; Gardner et al., 1995; Lepore et al., 1996). This is seen with both an auto-titration quantitative electrophysiological reward-threshold measurement paradigm and a rate-frequency curve-

shift quantitative electrophysiological reward-threshold measurement paradigm. In the auto-titration paradigm (Gardner et al., 1988a), animals are studied in test chambers containing two response levers. Each response by the animal on the primary or ‘stimulation’ lever delivers BSR, the initial intensity of which is optimized for each animal at a clearly supra-threshold reward level (in μ A), and decreases by a fixed amount at every third press of the primary lever. The animal can reset the current back to the initial intensity maximum at any time by pressing a ‘reset’ lever (which does not deliver BSR, but simply resets the stimulus strength). The mean self-determined reset level is taken as the animal’s self-chosen reward threshold (below which the animal feels no subjective reward). In the rate-frequency curve-shift paradigm, (Gardner et al., 1995; Lepore et al., 1996), animals are trained to lever-press for a series of 16 different rewarding electrical pulse frequencies, ranging from 25 to 141 Hz, presented in descending order. The initial frequency is optimized for each animal at a clearly supra-threshold reward level. At each pulse frequency, animals are given the opportunity to lever-press for rewarding electrical BSR for two 30-s time periods (‘bins’), following which the pulse frequency decreases by 0.05 log units. Two measures of reward threshold are taken: M_{50} —the pulse frequency at which the animal lever-presses at half-maximum speed; and Θ_0 —the frequency at which the animal ceases to respond for BSR. Both are reliable indices of reward efficacy. Using either BSR paradigm, THC at low doses (e.g. 1.0 mg/kg) reliably and robustly lowers brain reward thresholds, i.e. enhances brain reward processes (Gardner et al., 1988a; Gardner and Lowinson, 1991; Gardner, 1992; Gardner et al., 1995; Lepore et al., 1996).

4.2. *Cannabinoid effects on DA neuronal firing in brain reward circuitry*

Addictive drugs enhance DA function in brain reward loci by several means. Some, such as cocaine and amphetamines, accomplish this by enhancing DA release or inhibiting DA reuptake (Gardner, 1997). Others, such as nicotine and

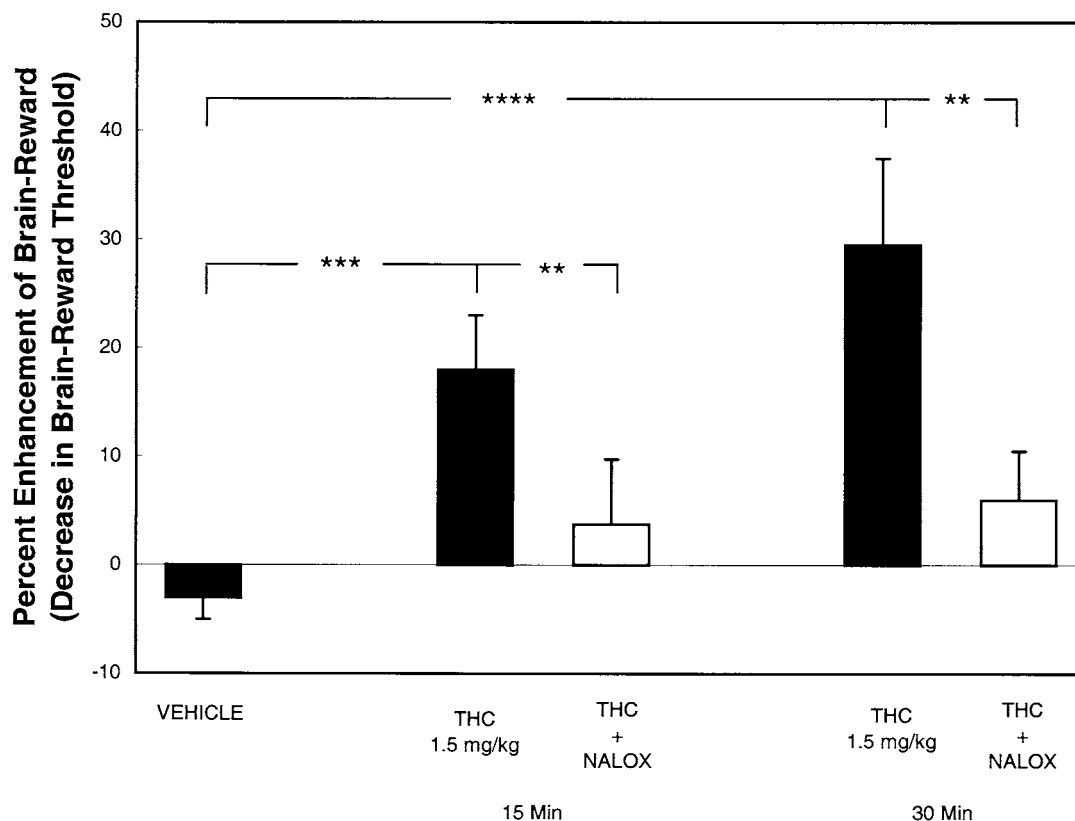


Fig. 1. Cannabinoid-induced enhancement of brain-reward, and attenuation of cannabinoid-induced brain-reward enhancement by the opioid antagonist naloxone (see text). THC, Δ^9 -tetrahydrocannabinol. NALOX, naloxone. Asterisks indicate statistical significance levels for the comparisons indicated: **, $P < 0.01$; ***, $P < 0.005$; ****, $P < 0.001$.

opioids, accomplish this by stimulating the firing rate of the 'second-stage' reward-relevant DA neurons (Gysling and Wang, 1983; Grenhoff et al., 1986; Gardner, 1997). In vivo single-neuron electrophysiological recording techniques have been used to assess whether cannabinoids augment DA function in the reward system by enhancing DA neuronal firing (Melis et al., 1996; French, 1997; French et al., 1997; Gifford et al., 1997; Diana et al., 1998a; Gessa et al., 1998). The preponderance of evidence from these studies is that THC and the potent synthetic cannabinoids WIN-55212-2 and CP-55940 enhance neuronal firing of DA neurons in forebrain reward loci (Melis et al., 1996; French, 1997; French et al., 1997; Diana et al., 1998a; Gessa et al., 1998). The effect is seen in VTA–Acb DA neurons, and also in the adjacent nigro-striatal and meso-prefrontal

DA neurons. The enhanced DA firing is more pronounced in the VTA–Acb DA axis than in other forebrain DA loci (French et al., 1997). This is congruent with the known preferential action of other addictive drugs on DA neurons of the VTA–Acb axis (Di Chiara, 1995; Pontieri et al., 1995; Di Chiara and Imperato, 1986; Gardner, 1997). The effect is blocked by the selective CB1 cannabinoid receptor antagonist SR-141716A (French, 1997; French et al., 1997; Diana et al., 1998a), although not by the opiate antagonist naloxone (French, 1997). This is highly provocative as to mechanisms of cannabinoid activation of brain reward processes, as naloxone does significantly attenuate cannabinoid-induced elevations of Acb DA (see below). In some meso-prefrontal DA neurons, cannabinoid administration does not increase firing rate, but rather produces an increase in

neuronal bursting activity (Diana et al., 1998a). This is also provocative, as it is known that the burst-firing state of mesotelencephalic DA neurons produces dramatically increased (supra-additive) DA release at axon terminals (Gonon, 1988; Overton and Clark, 1997).

4.3. Cannabinoid effects on DA neurochemical substrates of brain reward

4.3.1. *In vitro* studies

THC enhances DA synthesis, as studied by in vitro assay systems (Bloom, 1982; Navarro et al., 1993). 9-Nor-9beta-hydroxyhexahydrocannabinol, a potent antinociceptive cannabinoid, shares this feature (Bloom et al., 1977). THC also inhibits DA neuronal uptake, as studied by in vitro assay systems (Banerjee et al., 1975; Johnson et al., 1976; Hershkowitz et al., 1977; Poddar and Dewey, 1980). However, the picture is much less clear concerning cannabinoid effects on DA release, as studied by in vitro assay systems. Cannabinoid-induced enhancement (Poddar and Dewey, 1980; Jentsch et al., 1998), no effect (Szabo et al., 1999), and cannabinoid-induced inhibition (Cadogan et al., 1997) of neuronal DA release have all been reported.

4.3.2. *In vivo* studies

More than 15 years ago, cannabinoid-induced enhancement of extracellular DA overflow in brain reward loci, as measured by in vivo brain microdialysis in awake behaving animals, was reported (Ng Cheong Ton and Gardner, 1986). Subsequent work (Ng Cheong Ton et al., 1988; Taylor et al., 1988; Chen et al., 1989, 1990a,b; Tanda et al., 1997; Malone and Taylor, 1999) has amply confirmed those original reports (see Fig. 2). The DA-enhancing effect is tetrodotoxin-sensitive, calcium-dependent, and naloxone-blockable (Chen et al., 1990b; Gardner et al., 1990a; Gardner and Lowinson, 1991; Gardner, 1992; Tanda et al., 1997). This DA-enhancing effect is also seen with the synthetic cannabinoid agonist WIN-55212-2, and is blocked by the selective cannabinoid antagonist SR-141716A (Tanda et al., 1997). Cannabinoid-induced DA enhancement is seen not only in Acb (Chen et al., 1990b) but also in

other reward-related forebrain DA terminal loci, including MPFC (Chen et al., 1990a) and neostriatum (Ng Cheong Ton and Gardner, 1986; Ng Cheong Ton et al., 1988; Taylor et al., 1988; Malone and Taylor, 1999). Within the Acb, THC's DA-enhancing effect occurs selectively within the Acb shell (Tanda et al., 1997). This is congruent with a large literature implicating the shell as the anatomic domain within Acb most specialized for mediating drug-enhanced brain reward (Johnson et al., 1995; Pontieri et al., 1995; Carlezon and Wise, 1996; Gardner, 1997; McBride et al., 1999). Also more than 15 years ago, confirmatory findings of cannabinoid-induced enhancement of extracellular DA overflow in reward-relevant brain loci using in vivo brain voltammetric electrochemistry were published (Ng Cheong Ton et al., 1988; Gardner and Lowinson, 1991). Thus, despite one negative report (Castañeda et al., 1991), the overwhelming evidence from several different labs and using two different in vivo neurochemical techniques is that cannabinoids enhance extracellular DA in forebrain reward loci.

4.4. Genetic variation in cannabinoid actions on brain reward processes

Genetic differences exist in preference for specific addictive drugs and in propensity to self-administer such drugs (Cannon and Carrell, 1987; George, 1987; George and Goldberg, 1989; Suzuki et al., 1989; Guitart et al., 1992; Kosten et al., 1994, 1997; Nestler, 1993). Some animal strains which show high ethanol preference and self-administration generalize this drug-seeking behavior to other addictive drugs such as nicotine and opiates (George and Meisch, 1984; Khodzha-gel'diev, 1986; George, 1987; George and Goldberg, 1989), suggesting that generalized vulnerability to the rewarding effects of addictive drugs is genetically influenced. The Lewis rat strain is particularly interesting. As compared to other rat strains, Lewis rats are inherently drug-seeking and drug-preferring. They work harder for opiate and cocaine self-administration, cue-condition more readily to opiates and cocaine, and voluntarily drink ethanol more readily (George and Goldberg, 1989; Suzuki et al., 1989; Guitart et

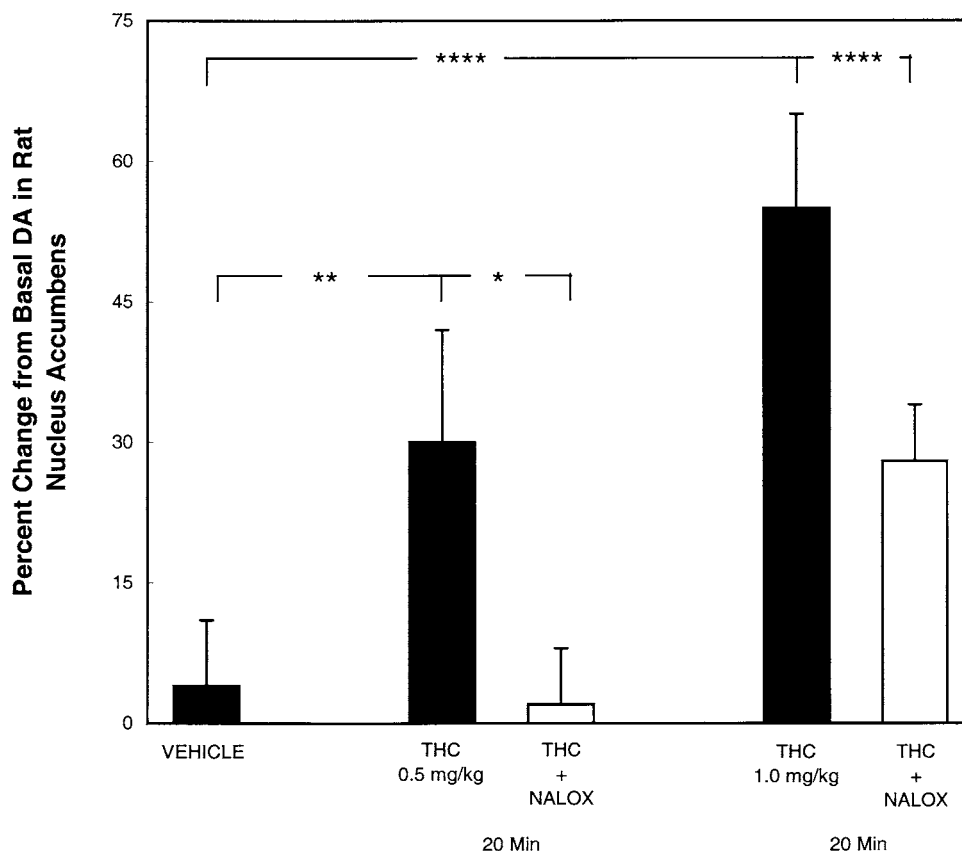


Fig. 2. Cannabinoid-induced enhancement of extracellular DA overflow in the reward-related DA axon terminal-rich Acb, and attenuation of cannabinoid-induced enhancement of extracellular Acb DA by the opioid antagonist naloxone (see text). THC, Δ^9 -tetrahydrocannabinol. NALOX, naloxone. Asterisks indicate statistical significance levels for the comparisons indicated: *, $P < 0.05$; **, $P < 0.01$; ****, $P < 0.001$.

al., 1992; Misenrendino et al., 1992; Nestler, 1993). Do cannabinoid effects on brain reward processes show similar genetic variation? To answer this question, cannabinoid effects on brain reward have been studied in various rat strains. Using quantitative electrophysiological BSR techniques, THC has been found to produce robust BSR enhancement in drug-preferring Lewis rats, moderate enhancement in drug-neutral Sprague–Dawley rats, and no change in drug-resistant Fischer 344 rats (see Fig. 3; Gardner et al., 1988b, 1989a, 1995; Lepore et al., 1996). Using *in vivo* brain microdialysis, THC has been found to produce robust enhancement of Acb DA in drug-preferring Lewis rats, moderate enhancement in drug-neutral Sprague–Dawley rats, and no change in drug-

resistant Fischer 344 rats (see Fig. 4; Gardner et al., 1989a; Chen et al., 1991).

4.5. Cannabinoid withdrawal and brain reward processes

As noted above, addictive drugs enhance BSR and augment DA in brain reward loci. As noted, this is a distinguishing pharmacological characteristic of addictive drugs. Conversely, withdrawal from addictive drugs produces inhibition of BSR and depletion of DA in brain reward loci (Schaefer and Michael, 1986; Frank et al., 1988; Schulteis et al., 1994; Wise and Munn, 1995; Parsons et al., 1991; Pothos et al., 1991; Rossetti et al., 1992). These withdrawal effects on brain reward pro-

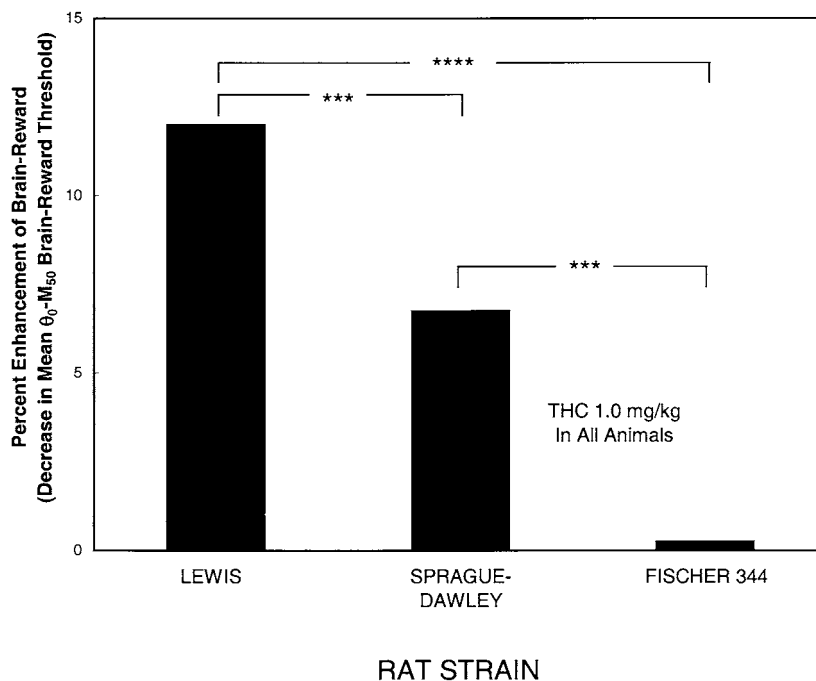


Fig. 3. Genetic variation in cannabinoid-induced enhancement of brain-reward (see text). THC, Δ^9 -tetrahydrocannabinol. Asterisks indicate statistical significance levels for the comparisons indicated: ***, $P < 0.005$; ****, $P < 0.001$.

cesses are also a distinguishing pharmacological characteristic of addictive drugs. The question, thus, arises—does cannabinoid withdrawal mimic withdrawal from other addicting drugs, either with respect to BSR thresholds or DA function in the VTA–Acb reward axis? The answer seems clear. Withdrawal from as little as a single 1.0 mg/kg dose of THC produces significant BSR inhibition (see Fig. 5; Gardner and Vorel, 1998), identical to that seen in withdrawal from other addictive drugs. With respect to DA function within the VTA–Acb neural reward axis, withdrawal from chronic THC—precipitated either by abrupt THC discontinuance or by the selective CB1 cannabinoid receptor antagonist SR-141716A, produces a reduction in VTA–Acb DA neuronal cell activity (reversed by the administration of THC in the case of the discontinuance-precipitated withdrawal) (Diana et al., 1998b) and a reduction of in vivo microdialysate-measured DA in the Acb shell (Tanda et al., 1999). Thus, cannabinoid withdrawal is characterized by reduced DA transmission in the VTA–Acb reward axis, similar to

that seen during withdrawal from other addictive drugs, a pharmacological hallmark of addictive drugs. Another common feature of withdrawal from addictive drugs is CRF elevation in the CeA (Koob et al., 1993; Merlo Pich et al., 1995; Koob, 1996). This is provocative, as the amygdala is increasingly implicated in mediating the functions of an emotional memory system that facilitates drug-seeking behavior (Cador et al., 1989; Everitt et al., 1989, 1999; Hiroi and White, 1991; Gaffan, 1992; White and Hiroi, 1993; Hayes et al., 2002). Does cannabinoid withdrawal mimic withdrawal from other addictive drugs in this regard? Recent reports suggest strongly that it does. Cannabinoid withdrawal is accompanied by marked elevation in extracellular CeA CRF (Rodríguez de Fonseca et al., 1997), similar to that seen in withdrawal from other addictive drugs. Thus, cannabinoid withdrawal mimics withdrawal from other addictive drugs with respect to effects in the two main brain systems believed to subserve initial drug-taking behavior and relapse (Koob, 1999).

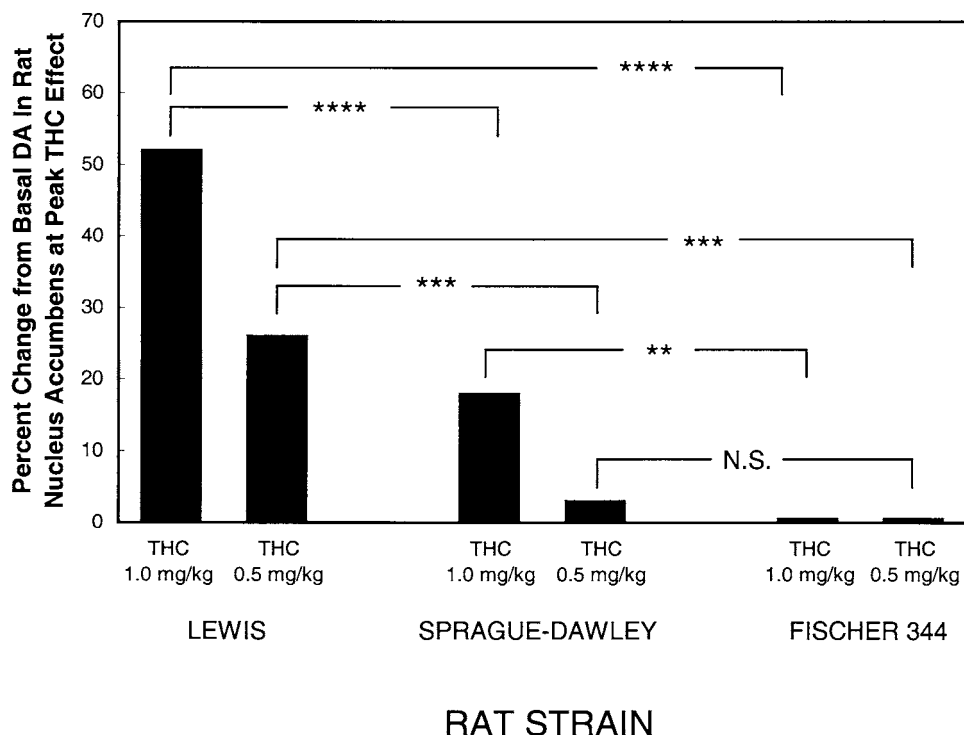


Fig. 4. Genetic variation in cannabinoid-induced enhancement of extracellular DA overflow in the reward-related DA axon terminal-rich Acb (see text). THC, Δ^9 -tetrahydrocannabinol. Asterisks indicate statistical significance levels for the comparisons indicated: N.S., not significant; **, $P < 0.01$; ***, $P < 0.005$; ****, $P < 0.001$.

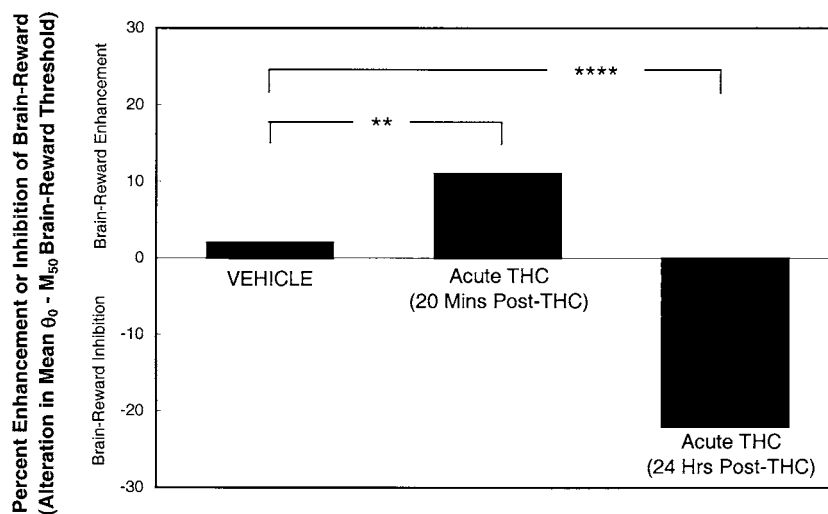


Fig. 5. Enhancement of brain-reward by acute cannabinoid administration, and inhibition of brain-reward during withdrawal from acute cannabinoid administration (see text). THC, Δ^9 -tetrahydrocannabinol. Asterisks indicate statistical significance levels for the comparisons indicated: **, $P < 0.01$; ****, $P < 0.001$.

4.6. Endogenous opioid involvement in cannabinoid actions on brain reward processes

Yet another distinguishing feature of addictive drug action on brain reward processes is the involvement of endogenous opioid systems, even for non-opioid addictive drugs (Gardner, 1997, 2000). The core DA brain reward axis is anatomically and functionally interconnected with endogenous brain opioid peptide neural systems in the VTA, Acb, and VP (Gardner, 1997). These endogenous opioid peptide systems appear importantly involved in the set-point of hedonic tone, and in the expression of reward-related and incentive-related behaviors (Gardner, 2000). The enhanced brain reward produced by addictive drugs (including non-opiates such as ethanol, barbiturates, benzodiazepines, phencyclidine, amphetamines and cocaine) is blocked or attenuated by opiate antagonists (Gardner, 1997). This implicates endogenous opioid peptidergic mechanisms in mediating the rewarding actions of such drugs. It also provides yet another distinctive neurobiological ‘signature’ of addictive drug action. The question therefore arises—are cannabinoid effects on brain reward systems similarly blocked or attenuated by opiate antagonists? This question has been addressed using BSR and in vivo brain microdialysis. With respect to BSR, the opiate antagonist naloxone attenuates THC-induced BSR enhancement (see Fig. 1; Gardner et al., 1989b; Gardner and Lowinson, 1991; Gardner, 1992). Naloxone also attenuates THC-induced enhancement of Acb DA (see Fig. 2; Chen et al., 1989, 1990b; Gardner et al., 1989b, 1990a; Gardner and Lowinson, 1991; Gardner, 1992; Tanda et al., 1997). The selective μ_1 opiate antagonist naloxonazine mimics the naloxone effect (Tanda et al., 1997), implicating the μ_1 opiate receptor subtype in mediating cannabinoid effects on brain reward. These findings using in vivo brain microdialysis are congruent with an older report that naloxone attenuates THC-enhanced DA synthesis in brain, as measured by in vitro biochemistry (Bloom and Dewey, 1978). The neural mechanism underlying this attenuating effect of opiate antagonists on cannabinoid-enhanced brain reward is unknown. Of possible relevance to this question is

the fact that cannabinoid and opioid receptors are both coupled to similar postsynaptic intracellular signaling mechanisms, involving activation of G_i proteins and consequent inhibition of adenylyl cyclase and decreased cAMP production (Childers et al., 1992). Also, CB1 cannabinoid receptors are co-localized with μ opioid receptors in the Acb (Navarro et al., 1998), and it has been suggested that cannabinoids and opioids may interact at the level of their signal transduction mechanisms (Thorat and Bhargava, 1994). Additionally, brain opioid receptors are modulated by cannabinoid administration (Vaysse et al., 1987) and brain cannabinoid receptors are modulated by opiate administration (Rubino et al., 1997). It is noteworthy that opiate antagonism attenuates cannabinoid effects on BSR (Gardner et al., 1989b; Gardner and Lowinson, 1991; Gardner, 1992) and on Acb DA (Chen et al., 1989, 1990b; Gardner et al., 1989b, 1990a; Gardner and Lowinson, 1991; Gardner, 1992; Tanda et al., 1997), but does not alter cannabinoid-induced increases in the firing rates of VTA–Acb DA neurons (French, 1997; Gessa and Diana, 2000). This seemingly puzzling discrepancy may have important implications for underlying neural processes (see below).

5. Cannabinoid actions on reward-related behaviors

5.1. Cannabinoid actions on CPP

As noted above, CPP is a widely used behavioral model for studying drug-seeking behavior, and inferring the incentive motivational value and strength of addictive drugs. Fundamentally, CPP is the learned approach to a previously neutral set of environmental stimuli which have been paired with administration of a rewarding treatment (van der Kooy, 1987; Tzschentke, 1998). When used to assess drug-induced reward, animals are given drug injections while confined in one of two cue-distinctive chambers and vehicle injections while confined in the other. Prior to injections, both chambers are tested to ensure their neutrality (i.e. animals voluntarily spending equal time in each). After drug injections, if the animal shows a marked preference for the drug-paired chamber,

the drug is considered to have been rewarding. If the animal avoids the drug-paired chamber, the drug is considered to have been aversive. CPP has been used by several research groups to assess the rewarding or aversive properties of cannabinoids. Some researchers have reported that cannabinoids produce conditioned place aversion (CPA; Parker and Gillies, 1995; McGregor et al., 1996; Sañudo-Peña et al., 1997; Chaperon et al., 1998; Hutcheson et al., 1998; Mallet and Beninger, 1998; Cheer et al., 2000). Another group, using cue preference/aversion rather than CPP/CPA, also reported cannabinoid-induced aversion (Goett and Kay, 1981). On the other hand, three research groups have independently reported robust cannabinoid-induced CPP (Lepore et al., 1995; Valjent and Maldonado, 2000; Braida et al., 2001a). The crucial differences appear to be related to cannabinoid dose (Lepore et al., 1995), timing (Lepore et al., 1995; Valjent and Maldonado, 2000), and potency (Braida et al., 2001a). Crucially, when the CPP pairing interval was 24 h (within the post-cannabinoid dysphoric rebound—see above section on cannabinoid withdrawal), Lepore et al. (1995) found that 1.0 mg/kg THC produced no CPP, while 2.0 or 4.0 mg/kg produced robust CPP. When the CPP pairing interval was 48 h (past the post-drug dysphoric rebound) 1.0 mg/kg THC produced robust CPP, while 2.0 or 4.0 mg/kg produced CPA (Lepore et al., 1995). Seemingly, at the shorter pairing interval the post-cannabinoid rebound dysphoria attenuated THC's rewarding effect, eliminating the reward of the 1.0 mg/kg dose and lowering the 2.0 and 4.0 mg/kg doses into a rewarding range. At the longer pairing interval, the post-cannabinoid dysphoric rebound had passed, accentuating the effects of all doses—allowing the 1.0 mg/kg dose to become rewarding, and pushing the 2.0 and 4.0 mg/kg doses into an aversive dose range. Such dose-dependent switches from reward to aversion (low dose—reward; high dose—aversion) have been long recognized for other addictive drugs (Fudala et al., 1985; Jorenby et al., 1990; Gardner, 1992), and it has also been long recognized that timing of drug administration during place conditioning is as strong a determinant of CPP or CPA as the drug itself (Fudala and Iwamoto, 1990). At the human level, a parallel

finding has long been noted, i.e. that low-to-moderate THC doses produce a subjective 'high' but higher doses are aversive (Noyes et al., 1975; Raft et al., 1977; Laszlo et al., 1981). Valjent and Maldonado (2000) also found timing to be crucial in the establishment of cannabinoid-induced CPP. In their hands, THC produced a clear and robust CPP when a long conditioning period was used and when care was taken to avoid dysphoric rebound from prior THC administrations (Valjent and Maldonado, 2000). In the work of Braida and colleagues, the use of the potent synthetic cannabinoid CP-55940 produced a robust CPP (Braida et al., 2001a). Compellingly, given the attenuation of cannabinoid-induced effects in other reward paradigms by opiate antagonists (see above), CP-55940's induction of CPP was fully antagonized by naloxone (Braida et al., 2001a).

Thus, under the proper experimental circumstances, cannabinoids do produce clearly rewarding effects in the CPP paradigm, a hallmark of addictive drugs. This rewarding effect of cannabinoids is attenuated by opiate antagonists, another hallmark of addictive drugs.

5.2. *Cannabinoid self-administration in animal models*

Until recently, the cannabinoid literature was marked by failure to demonstrate reliable cannabinoid self-administration in laboratory animals (Kaymakçalan, 1972, 1973; Corcoran and Amit, 1974; Leite and Carlini, 1974; Harris et al., 1974; Carney et al., 1977; Takahashi and Singer, 1981; Mansbach et al., 1994). In the older literature, the few reported instances of cannabinoid self-administration in animals were methodologically problematic, i.e.: (1) cannabinoid self-administration in monkeys being contingent upon prior self-administration of other highly rewarding drugs (Pickens et al., 1973); (2) cannabinoid self-administration in monkeys being contingent upon prior cannabinoid physical dependence (Deneau and Kaymakçalan, 1971; Kaymakçalan, 1972); or (3) cannabinoid self-administration being contingent upon food deprivation (Takahashi and Singer, 1979, 1980).

Recently, however, several groups have independently reported cannabinoid self-administra-

tion in laboratory animals under methodologically cleaner conditions. Robust and consistent intravenous self-administration of the potent synthetic cannabinoid agonist WIN-55212-2 in drug-naïve mice has been reported (Fratta et al., 1997; Martellotta et al., 1998; Ledent et al., 1999). This cannabinoid self-administration was blocked by the selective CB1 antagonist SR-141716A (Fratta et al., 1997; Martellotta et al., 1998). The potent synthetic cannabinoid agonist CP-55940 has also recently been reported to sustain clear and robust intracerebroventricular self-administration in laboratory rats (Braida et al., 2001b). Again, this cannabinoid self-administration was blocked by the selective CB1 antagonist SR-141716A. Compellingly, the cannabinoid self-administration was also blocked by the opiate antagonist naloxone (Braida et al., 2001b). Perhaps most compellingly of all, persistent high rates of low-dose intravenous THC self-administration in squirrel monkeys have been recently reported (Tanda et al., 2000). The THC self-administration was blocked by the selective CB1 antagonist SR-141716A (Tanda et al., 2000) and the opiate antagonist naltrexone (Goldberg et al., 2001). What makes this last report so compelling is that the doses of THC which were self-administered are comparable to doses found in marijuana smoke inhaled by human users (Tanda et al., 2000), and are from 5000 to 25000-fold lower than the doses required to induce cannabinoid physical dependence in rats or mice (Tsou et al., 1995; Aceto et al., 1996, 2001; Hutcheson et al., 1998; Cook et al., 1998; Ledent et al., 1999; Tzavara et al., 2000).

5.3. *Cannabinoid actions on reinstatement*

As noted above, the reinstatement model of relapse to drug-seeking behavior is uniquely responsive to drugs with addictive properties. Only drugs which support drug-seeking and drug-taking behaviors can 'prime' or trigger relapse in the reinstatement model. Little work has been done with cannabinoids in this model. However, the work done is highly suggestive of cannabinoids fitting the same pattern as other addictive drugs in this model. Specifically, systemic injections of the synthetic cannabinoid receptor agonist HU-210

dose-dependently reinstate cocaine-seeking behavior in laboratory rats behaviorally extinguished from intravenous cocaine self-administration (De Vries et al., 2001). Systemic injections of HU-210 also reinstate heroin-seeking behavior in laboratory rats behaviorally extinguished from intravenous heroin self-administration (De Vries et al., 2001). Provocatively, these same investigators found that the CB1 cannabinoid receptor antagonist SR-141716A blocked reinstatement to drug-seeking behavior triggered by cocaine, heroin, or cocaine-associated environmental cues, but not relapse induced by exposure to stress, suggesting a potential role for cannabinoid antagonists in the treatment of addiction.

6. **Neural models of cannabinoid actions on brain reward processes**

From the evidence cited above, and from additional available data, hypotheses may be generated regarding where and how cannabinoids act to alter brain reward processes, and in turn, reward-related behaviors.

6.1. *Neural sites of cannabinoid action on brain reward*

Different addictive drugs enhance brain reward processes by acting at different anatomic sites within the brain's reward circuitry (Gardner, 1997; Wise and Gardner, 2002b). Drugs deriving their addictive potential from actions within the Acb include amphetamines, cocaine, opiates, and dissociative anesthetics such as phencyclidine (Wise and Gardner, 2002b). Suggestive but substantially less solid evidence supports a speculative identification of Acb as a site of action for ethanol and caffeine (Wise and Gardner, 2002b). Drugs deriving their addictive potential from actions within the VTA include ethanol, opiates, and nicotine (Wise and Gardner, 2002b). Suggestive but substantially less solid evidence supports an identification of VTA as a site of action for barbiturates and benzodiazepines (Wise and Gardner, 2002b). Cocaine and phencyclidine appear to affect brain reward processes by actions within the

MPFC (Wise and Gardner, 2002b). In addition to their rewarding actions within Acb and VTA, opiates appear to additionally affect brain reward processes by action within the VP (Gardner, 1997).

The question arises as to the brain sites of cannabinoid action on brain reward processes. This has been addressed in several ways—both direct and inferential.

One direct way to address this question is to assess the effects of cannabinoids on the neuronal activity of the DA cells that comprise the VTA–Acb DA reward axis. As noted above, this has been done (Melis et al., 1996; French, 1997; French et al., 1997; Gifford et al., 1997; Diana et al., 1998a; Gessa et al., 1998). As noted, a strong majority of these studies indicate that cannabinoids enhance neuronal firing of DA neurons in the VTA–Acb reward axis (Melis et al., 1996; French, 1997; French et al., 1997; Diana et al., 1998a; Gessa et al., 1998). The straightforward conclusion from these studies would be that cannabinoids act on the VTA–Acb reward axis by a mechanism within the VTA, possibly by inhibition of local inhibitory GABAergic input into the VTA (French et al., 1997; Diana et al., 1998a; Gessa et al., 1998). However, this straightforward interpretation cannot be the full answer, because while cannabinoid-induced enhancement of VTA–Acb neuronal firing is attenuated by the selective CB1 cannabinoid receptor antagonist SR-141716A (French, 1997; French et al., 1997; Diana et al., 1998a) it is not attenuated (French, 1997) by doses of the opiate antagonist naloxone generally considered high enough to block endogenous opioid mechanisms. Since cannabinoid-induced enhancement of Acb DA is markedly attenuated by both systemic (Chen et al., 1990b; Tanda et al., 1997) and intra-VTA (Tanda et al., 1997) injections of opiate antagonists, the cannabinoid-induced enhancement of VTA–Acb DA neuronal firing and burst patterning cannot be the sole contributor to cannabinoid-enhanced Acb DA.

Another direct way to address this question is to study the effects of local cannabinoid microinjections on extracellular DA overflow in brain reward loci. This has been done (Chen et al., 1993). In those studies, THC microinfusions into the Acb dose-dependently enhanced Acb DA (Chen et al.,

1993). However, while THC microinjections into the VTA dose-dependently enhanced local DA within the VTA, they did not enhance Acb DA (Chen et al., 1993). This suggests that the elevated Acb DA (and augmented brain reward functions related thereto) produced by systemic THC must result, at least in part, from local actions by THC at or near the reward-relevant Acb DA axon terminals.

Thus, in terms of sites of action, it may be hypothesized that cannabinoids enhance Acb DA by acting at various brain loci: (1) within the Acb, acting on mechanisms closely linked to axon terminal DA release; (2) within the VTA, acting on endogenous opioid mechanisms not linked to activation of neuronal firing, but rather linked to mechanisms of DA synthesis, transport, and/or release; and (3) within the VTA, acting on non-endogenous-opioid mechanisms linked to activation of neuronal firing.

6.2. Neural mechanisms of cannabinoid action on brain reward processes

Just as different addictive drugs enhance brain reward processes by acting at different anatomic sites within the brain's reward circuitry, different addictive drugs enhance brain reward processes by acting through different mechanisms within the brain's reward circuitry (Gardner, 1997; Wise and Gardner, 2002b). Amphetamines bind to and reverse monoamine transporters, causing presynaptic DA release (Heikkila et al., 1975a; Fischer and Cho, 1979; Nash and Brodtkin, 1991; Leviel, 2001). Cocaine is a presynaptic DA reuptake blocker (Heikkila et al., 1975b). Opiates (Johnson and North, 1992) and nicotine (Grenhoff et al., 1986; Mereu et al., 1987) enhance VTA–Acb DA neuronal firing; in the case of opiates, this is transsynaptically mediated (Johnson and North, 1992) while in the case of nicotine this may be mediated by nicotinic receptors on the DA neurons themselves (Clarke and Pert, 1985). Other addictive drugs act by yet other mechanisms (Wise and Gardner, 2002b).

The question arises as to the mechanisms of cannabinoid action on brain reward processes, a question obviously related to the issues raised in

the previous section on brain sites of cannabinoid action.

As noted in the previous section, studies using local intracerebral THC microinjections lend support to the hypothesis that one of THC's sites of action is in the vicinity of the reward-relevant Acb DA axon terminals (Chen et al., 1993). As also noted above, THC-induced Acb DA augmentation is calcium-dependent and tetrodotoxin-sensitive (Chen et al., 1990b; Gardner and Lowinson, 1991; Gardner, 1992), implicating an action-potential-dependent mechanism. Additional studies, using *in vivo* voltammetric electrochemistry to measure THC-induced extracellular DA overflow in forebrain DA terminal loci, show that the THC-induced electrochemical 'signature' resembles that of a DA reuptake blocker rather than that of a presynaptic DA releaser (Ng Cheong Ton et al., 1988). Additional studies support this hypothesis. First, studies of the effects of various combinations of THC and the DA antagonist haloperidol on Acb DA using *in vivo* brain microdialysis have been carried out (Gardner et al., 1990b). The rationale for this is that impulse-induced facilitation of DA release underlies a synergistic effect between DA antagonists and DA-reuptake inhibitors (Westerink et al., 1987). Pretreatment with the DA antagonist haloperidol was found to have a synergistic effect on THC's enhancement of Acb DA, and THC pretreatment before haloperidol has a similar synergistic effect on haloperidol's enhancement of Acb DA (Gardner et al., 1990b). Tetrodotoxin perfused locally into the Acb abolished the synergism between THC and haloperidol (Gardner et al., 1990b). This type of synergistic effect on DA is a highly characteristic neuropharmacological 'signature' of co-administration of a DA antagonist such as haloperidol and a DA reuptake blocker such as GBR-12909 (Shore et al., 1979; Westerink et al., 1987). This suggests that the synergistic enhancement of haloperidol-induced augmentation of Acb DA by THC may result from THC acting as a DA reuptake blocker (possibly indirectly or transsynaptically) at Acb DA terminals (Gardner et al., 1990b; Gardner and Lowinson, 1991; Gardner, 1992). This hypothesis has also been explored using *in vivo* microdialysis measurements of the DA metabolite 3-methoxy-

tyramine (3-MT; Chen et al., 1994). While only a small portion of released DA is metabolized to it, 3-MT is believed to be a sensitive index of enhanced extracellular DA (Wood and Altar, 1988) and, most importantly, a sensitive marker for distinguishing DA releasing agents from DA reuptake blockers (Heal et al., 1990). DA releasers such as amphetamine and methamphetamine increase 3-MT levels while DA reuptake blockers such as bupropion and nomifensine do not (Heal et al., 1990). Studies were therefore undertaken on the effects of amphetamine, cocaine, nomifensine, and THC on extracellular Acb 3-MT levels using *in vivo* microdialysis. The DA releaser amphetamine significantly increased both DA and 3-MT in Acb, while the DA reuptake blockers cocaine and nomifensine increased only DA (Chen et al., 1994). THC increased only DA, resembling the DA reuptake blockers (Chen et al., 1994). These *in vivo* findings are congruent with older *in vitro* studies showing that cannabinoids have DA reuptake blockade actions in brain tissue, as previously noted (Banerjee et al., 1975; Poddar and Dewey, 1980; Hershkowitz and Szechtman, 1979). We have hypothesized that such a mechanism may underlie cannabinoid action on DA reward processes locally within the Acb (Chen et al., 1994). Cannabinoid action within the VTA—acting on endogenous opioid mechanisms not linked to activation of neuronal firing, but rather linked to mechanisms of DA synthesis, transport, and/or release—may be mediated by a cannabinoid-receptor inhibition of an inhibitory endogenous opioid peptidergic synaptic link to VTA DA neurons that regulates their synthesis, transport, and/or release of DA rather than cell firing. Cannabinoid action within the VTA acting—on non-endogenous-opioid mechanisms linked to activation of neuronal firing—could conceivably be mediated by a cannabinoid-receptor inhibition of feedback Acb–VTA projection neurons which normally exert inhibitory synaptic tone on VTA DA cells. These conceptions are congruent with the known co-localization of cannabinoid receptors with DA D1 receptors on striatonigral inhibitory projection neurons (Herkenham et al., 1991).

7. Summary

On the basis of more than 15 years of electrophysiological and biochemical evidence, cannabinoids appear to enhance brain reward processes in similar fashion to other addictive drugs. Also on the basis of electrophysiological and biochemical evidence, cannabinoid withdrawal appears to activate the same brain withdrawal processes as activated by withdrawal from other addictive drugs. Behaviorally, cannabinoids produce CPP, are self-administered, and trigger relapse to drug-seeking behavior in the reinstatement model—all of which are hallmarks of addictive drug action. Cannabinoids are euphorogenic in humans and have addictive liability, but were long considered ‘anomalous’—lacking pharmacological action on brain reward processes, on the dysphoric brain processes activated in withdrawal, or on drug-seeking and drug-taking behaviors. This position is no longer tenable. Rather, cannabinoids appear to share a common final neural action with other addictive drugs, i.e. acute activation of the VTA–Acb DA reward circuit and activation of reward-related behaviors, together with inhibition of brain reward circuitry and activation of amygdaloid CRF systems during withdrawal.

Acknowledgements

Cannabinoid research cited in this paper from the author’s laboratory was supported by research grants from the US Public Health Service, National Institutes of Health (grants AA09547, DA02089, DA03622, and RR05397); the US National Science Foundation (grant BNS-86-09351); the Natural Sciences and Engineering Research Council of Canada; the New York State Office of Alcoholism and Substance Abuse Services; the New York State Office of Mental Health; the Aaron Diamond Foundation; the Julia Sullivan Medical Research Fund; and the Old Stones Foundation. The work of the following former and present students, postdoctoral fellows, and laboratory technicians is gratefully acknowledged: Thomas Seeger, Jules Nazzaro, Pierre Vaysse, Jean Max Ng Cheong Ton, Cassandra

Milling, Amy Donner, David Cohen, David Morrison, Jianping Chen, Jin Li, Diane Smith, Ronen Marmur, Eric Rosenbaum, Addy Pulles, Virginia Savage, Daniel Matalon, Michael Froehler, Jordan Spector, Marino Lepore, Xinhe Liu, Robert Hayes, Stanislav Robert Vorel, William Paredes, Arlene Campos, and Jeremy Gilbert. Preparation of this manuscript was supported by the Intramural Research Program, National Institute on Drug Abuse, US Public Health Service.

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